



## Soaring Together: *Building a Stronger Community*

Dear Falcon Families and Community Members,

Welcome to our latest Community School newsletter! We're excited to share some of the incredible initiatives and programs that are helping our Rubidoux Falcons SOAR with PRIDE. As we continue to embrace the Community Schools pillars, we're seeing remarkable growth and connection throughout our school community.

### LEARNING WITHOUT LIMITS

As Rubidoux enters our third year as a community school, we are looking to expand and strengthen our reach within the foundational pillars. If you would like to be part of this work, whether you are a family member, a community member, a student, or staff member, you are all welcome.

For more information, contact the Falcon Nest and ask for Delia Toscano.



A community school represents a strategic and collaborative model designed to enhance student success by integrating essential support systems. It operates on the principle that a school functions most effectively when it serves as a hub for both academic instruction and comprehensive community resources.



@rubidoux\_jusd | @RHSFalconNest

[JURUPAUSD.ORG/RHS](https://www.jurupaUSD.org/RHS)



At its heart, a community school is characterized by four key components:

### **Integrated Support Services:**

Beyond academics, providing on-site access to critical services such as physical and mental healthcare, nutritional programs, and social support. An integrated approach addresses the holistic needs of students, removing common barriers to learning.

### **Family and Community Engagement:**

Acknowledging the vital role of families and the broader community, community schools actively foster partnerships. They often offer resources and opportunities for adult learning, family support, and community involvement, strengthening the bond between the school and community.

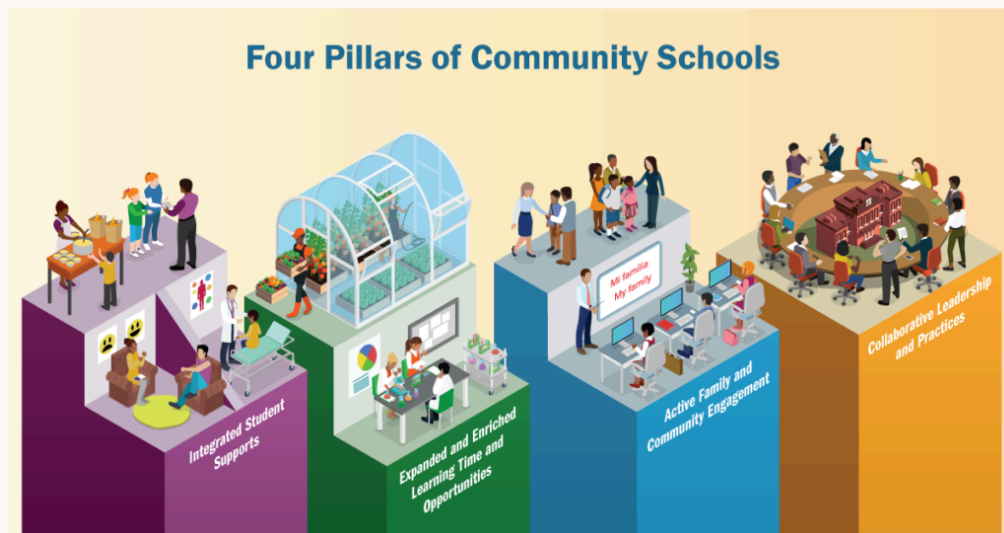


### **Collaborative Leadership:**

Decision-making within a community school is a shared mission. All school staff, administrators, local government entities, and community organizations work together, aligning their efforts to create a supportive and effective learning environment.

### **Expanded Learning Opportunities:**

Extending educational enrichment beyond the standard school day. This can include after-school programs, summer learning initiatives, and different ways to approach and reach diverse learning styles and interests.



In essence, a community school is more than just an educational institution; it is a coordinated system that leverages collective resources to ensure every student has the necessary academic, developmental, health, and social supports to thrive.

At Rubidoux High School, your Community School team has been hard at work to stay true to the mission of Community Schools. If you ever want to join the team, please reach out to any leads:

Kevin Corridan – Principal

David Quintero – Assistant Principal

Delia Toscano Nguyen – Community School Teacher

Anna Avila – Outreach Worker

We are here to partner with you for all our students.



## We would like to share our progress through our second semester!

### Integrated Student Supports

#### Wellness Wednesdays

From rock painting to heart pillows to motivational signs. This year, during our Wellness Wednesday's we received positive reviews that students enjoy doing hands-on activities.

We plan to bring them back next year.

Which one was your favorite?

Send us a message via Instagram (@RHSFalconNest) to let us know or come visit us in room 602!





## 2nd Semester Wellness Fair



### Wags, Meows, and Smiles!

Our Wellness Fair, focusing on coping with stress and mental health awareness, was a hit! Our Falcons helped us break all attendance records! We estimate we had around 500 students in attendance.

Our therapy animals were the MVPs of the day. They had a line that led from the Falcon Nest all the way to the lunch quad! What do you say, Falcons, should we bring them back next year for our 1<sup>st</sup> semester Wellness Fair?

Our heartfelt *Thank You!* to all our partners that put together a booth to share knowledge and hands on activities with our Falcons during our Fair!

- Paws to Share
- Ripple Effect
- HealthCorps
- Operation Safehouse
- Reach Out
- Riverside University Health System



What a joy it was to celebrate with our incredible feeder schools: Rustic Lane, Pacific, Ina Arbuckle, Pedley, and Mission Middle! Our partnerships are a beautiful reminder that education is a continuous journey, not confined to one campus. Our students are truly district-wide, growing and benefiting from our collective support. This seamless journey, culminating at RHS, represents the ultimate goal: graduation and successfully pursuing their post-graduation dreams! Thank you for being an essential part of this journey; we can't wait to celebrate again next year!



## Your Community Schools in action:



### Falcon Closet

We're excited to expand our student support services! Beyond the Falcon Closet, which provides essential supplies, we'll soon be opening the Falcon Laundry and Falcon Pantry Room. This means students will have access to laundry facilities during school hours, helping them stay on track for success.

Keep an eye out for our official opening ceremony!



### Thrifting Thursday

We're proud to share that this past year, our thrifting and pantry events served 754 students! Join us again next year, with monthly thrifting events starting in September. Remember, the Falcon Closet is always available before school, during lunch, or with a teacher's pass for urgent needs like a jacket.

We're here for all students!



### Falcon Quad

Big news! Our Falcon Quad now features a relaxing community garden! Come see our squash, tomatoes, and chilis, and help us nurture them for next year's harvest. To make this a lasting success, it's going to take all of us working together and respecting our plants. Please help us care for our garden so everyone can enjoy its beauty and bounty! You're always welcome to enjoy the shade and flowers during our lunch events!



Planter built and designed by alumni, Andrew Chavez.  
Plants donated by Sussie and Dan Jagers.



# Expanded and Enriched Learning Time and Opportunities

## Support Groups for Students

We provided support services to 77 students this year, working alongside wonderful organizations to highlight that mental health truly matters, just like physical health. These partnerships give students a safe space to discuss and learn coping mechanisms for feelings such as sadness, worry, and stress. They also build essential communication and leadership skills, helping our students navigate challenges and grow stronger. We want every student to know it's always okay to ask for help, and that there are many effective ways to handle life's ups and downs.



JURUPA UNIFIED SCHOOL DISTRICT

### OPERATION SAFEHOUSE GROUPS AT RHS

Staff referrals and Student self referrals are welcome.



#### Stress and Your Mood (SYM)

Ages 16+

- Helps students cope with stress and anxiety
- Group focuses on helping decrease negative thoughts, improve pro-social behaviors, and teachers how to regulate stress and mood



#### Coping and support Training (CAST)

Ages 16+

- Covers topics of self-esteem, feelings of anger, depression or anxiety, school pressure, and stress



#### LGBTQ+ Unity Space (LOTUS)

Ages 16+

- Group is for LGBTQ+ and allies
- Group focuses mental health, finding support, identity, and dating

#### RUBIDOUX HIGH SCHOOL FALCON WELLNESS CENTER

DELIA TOSCANO (DELIA\_NGUYEN@JUSD.K12.CA.US)  
ANNA AVILA (ANNA\_AVILA@JUSD.K12.CA.US)

# Collaborative Leadership and Practices

## Falcon Festival

Join Us for Next Year's Falcon Festival!

The Falcon Festival was a huge hit, bringing our community together for an evening of fun, food, and festivities! Students, families, and staff enjoyed exciting activities, delicious food from local vendors, and a variety of games that highlighted the spirit of Rubidoux. It was a great chance to celebrate our school pride and build stronger connections within our community.

Special thanks to our community vendors who donated a portion of their sales to next year's festival: Woody's Shaved Ice, Pizza Plugg, and Tacos Bonilla!

We're already planning an even bigger and better Falcon Festival for next year! If you'd like to be part of the planning process or volunteer your time, please contact the Falcon Nest! We'd love to have you!

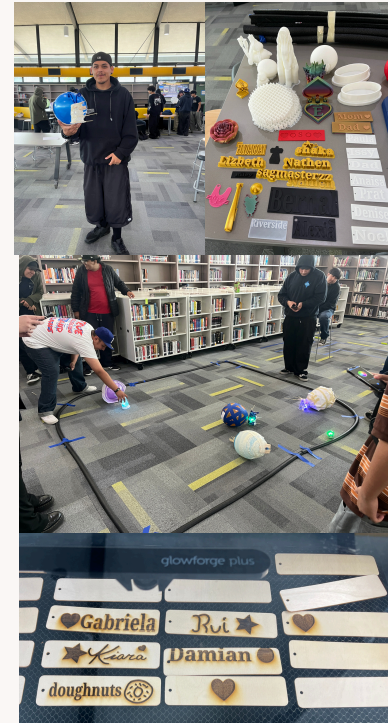


2024 Falcon Festival



## Saturday School STEAM Workshops

Our Saturday School was buzzing with innovation this year, as 65 students joined our engaging STEAM Workshops! Students got hands-on with 3D printing and laser engraving, creating fantastic projects to take home – a perfect glimpse into potential entrepreneurial ventures! We also had a blast with robotics, featuring exciting races and balloon battles. These workshops are set to resume during the first semester next year. Make sure to check for updates when Saturday School is announced. Get ready for more hands-on learning and fun!



## Active Family and Community Engagement

### Book Buddies

Celebrate Literacy with Book Buddies!

Our Book Buddies program is truly special, allowing our students to visit four elementary schools and read to multiple classes. Our dedicated literacy coaches ensure our Book Buddies are well-prepared and confident before they begin, and this year, we had over 100 students enthusiastically sign up!

A huge shout-out to our graduating Book Buddies! We hope you continue to inspire and teach about the importance of literacy wherever your future takes you.

Are you passionate about reading and inspiring young minds? We're looking for new Book Buddies for next year! If you're interested in joining this amazing program, you can sign up with Ms. Spencer in the library or Ms. Toscano in the Falcon Nest, Room 602. We'd love to have you!



RHS Staff, your support makes a world of difference! We're incredibly grateful to those who volunteered their time, enabling us to visit four schools at once. We simply couldn't achieve the level of impact we do without you. If you would like to help next year, please reach out to the Falcon Nest!



## Family Workshops

### Empowering Our Community Through Workshops!

This year, we loved sharing valuable information with our Falcon families and friends through a variety of workshops. We facilitated sessions on crucial topics like:

- Computer Basics: How to support your student's digital success.
- Tips for Social Media: Keeping our youth safe online.
- Drug Awareness: Having vital conversations and understanding the dangers of fentanyl.
- Citizenship: TODEC was on-site to answer legal questions.



2023 Falcon Festival

We want to hear from you! What workshops would you like to see us offer in the future, or how can we expand on current topics? Remember, each school hosts different workshops, and you're always invited to attend any session that interests you, regardless of which school your student attends. We're committed to continuing our collaboration across schools to bring a diverse and informative set of workshops, empowering our community with the facts they need to thrive.

### Other meetings to add to your calendar!

Want to help shape our school's future? We encourage you to join our ELPAC (English Learner Advisory Committee, where parents of English Language Learners advise on relevant programs), School Site Council (school governance), and Parent Empowerment (meetings lead by our Counselors) meetings! These committees offer fantastic leadership opportunities and a safe space for you to provide input. We truly value your voice! Look out for meeting dates at the start of next year, and feel free to contact the front office or the Falcon Nest with any questions.

Let's have a Family Fun Night! We'd love to host either a Paint Night or a Beading Night, and we want to know what you'd prefer!

[Let us know by clicking here!](#)

or call or email us or send us a message through Instagram!

We can't wait to hear from you!

Community Schools is an initiative that brings all interested parties – students, family members, staff, and community members – together to determine what the shared vision, goals, and values are for our school. We start by asking questions, seeking input, and listening to feedback to solve ongoing challenges.



# RUBIDOUX HIGH SCHOOL

Needs and Assets Survey results  
2024-2025 School Year

## What did we learn?



### Students

- Have a trusted adult to talk to
- Stress makes school difficult
- Find it challenging to communicate their needs/emotions
- Feel tutoring and Saturday School may help them improve/maintain their grades



## Who participated?

- 580 Students
- 25 Family Members
- 79 School Staff
- 9 Community Members



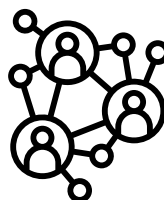
### School Staff

- Are able to direct students in need of resources/support
- Look for ways to support students' mental health.
- Find that students need better study/working habits



### Families

- Want to help and support students
- Are interested in workshops to increase family bonding
- Want to help students with academic stress
- Want behavior/mental health support



### Community Members

- Understand and want to support RHS' needs
- Want to develop partnerships with RHS

**INTERESTED MEMBER RESPONSES  
AND SCHOOL DATA DETERMINE OUR  
2024-2025 PRIORITY NEEDS.**



# **RUBIDOUX HIGH SCHOOL**

Needs and Assets Survey results  
2024-2025 School Year

## **Community School Pillars:**

- Integrated Student Supports
- Expanded and Enriched Learning Time and Opportunities
- Active Family and Community Engagement
- Collaborative Leadership and Practices

## **How are we doing?**

- **Integrated Student Supports:**
  - Neighborhood Healthcare Dental, Riverside University Health System, Behavioral Health teams, Falcon Nest (Wellness Center), Incentives for positive attendance, restorative practices as other means of corrections, Falcon Closet, Thrifting monthly events
- **Expanded and Enriched Learning Time and Opportunities:**
  - Tutoring, enrichment sessions after school, Wellness Wednesday Lunch Days, educational field trips, Book Buddies, Farmer's Market, Hour of Code, STEAM Workshops
- **Active Family and Community Engagement:**
  - Family Workshops, Falcon Festival, Outreach Worker for RHS families
- **Collaborative Leadership and Practices:**
  - Site Community School Council Meetings, District Community Schools Meetings, Attendance Team Meetings, school shared leadership (School Site Council, surveys, English Learners Advisory Committee (ELAC), teacher leadership team/groups), volunteer opportunities

Get to know your

# Falcon Nest



The Falcon Nest, located in Room 602, will serve as your starting point for:

- Initial triage and guidance
- Outreach Services
- Community School Support

From The Falcon Nest, you can access additional resources:

- Falcon Laundromat, Pantry, and Closet: Located in M-O
- District (PICO) Behavioral Health and Partnership Offices: Rooms 600 and 601 by appointment only

## Get to know the different roles housed in the Falcon's Nest!

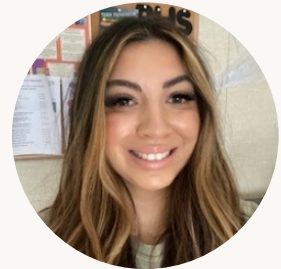
### Falcon Nest: 602

#### Outreach Services

**Anna Avila**

#### Assistance with:

- Connecting families with resources throughout the school, district, and community
- Linkage to basic needs, counseling, medical, insurance and community programs



#### Community School

**Delia Toscano  
Nguyen**

- Connecting students, families, and the broader community
- Coordinating programs and events
- Focus on fostering student success, strengthening family engagement, and enhancing campus culture through collaborative initiatives and community-driven solutions



#### Falcon Support

**Lizbeth Reynoso-  
Sanchez**

- Initial triage and guidance
- Office Support





## District (PICO) Behavioral Health and Partnership Offices: Rooms 600 and 601

### Behavioral Therapist:

- 1-1 student therapy
- Set scheduled meetings

### Peer Specialist

- Support for behavioral therapist caseload.
- Set scheduled meetings

### Behavioral Health Intern

- Under supervision, guide student groups as needed

### Support Organizations

- Support with small student groups or 1-1 for screening and presenting of student groups

(for more information refer to page 4)



Have any questions, comments, or suggestions?

Contact the Falcon Nest's main hub: 951-222-7700

Anna Avila | [anna\\_avila@jUSD.k12.ca.us](mailto:anna_avila@jUSD.k12.ca.us)

Delia Toscano Nguyen | [delia\\_nguyen@jUSD.k12.ca.us](mailto:delia_nguyen@jUSD.k12.ca.us)

Lizbeth Reynoso Sanchez | [lizbeth\\_sanchez@jUSD.k12.ca.us](mailto:lizbeth_sanchez@jUSD.k12.ca.us)

Hablamos Español

# Resources Available at Rubidoux High School's Falcon Nest

951-222-7700



Delia Toscano - Community Schools  
Anna Avila - Outreach Worker  
Peer Specialist - Behavioral Health



We are your Falcon Support

## Falcon Closet

Clothing, shoes, personal  
hygiene

Individual and Group  
therapy/counseling

## Falcon Laundromat

Per appointment for students

## Outreach Services

Connecting families with resources

## Wellness Corner

Students and staff are welcome  
to visit when they need a  
moment to recalibrate

room 602

## School Supplies

Basic items such as  
backpacks, pens, paper

## Recurring Events

Wellness Wednesdays  
(every Wednesday in room 602)

Thrifting Thursdays  
(once a month room 602)

## Student Support Groups

Anxiety - Stress - Communication skills -  
Financial Literacy - Study Habits -  
and more

## District Behavioral Health Services

PICO Website

[https://bit.ly/PICO\\_JUSD](https://bit.ly/PICO_JUSD)

We are here to help.



# PEER LEADERSHIP

Class is A-G approved



**Become a Falcon Leader!**  
**Build Community. Lead Events.**  
**Inspire others.**



## What is Peer Leadership?

A student-led elective designed to develop your leadership skills while making a real difference at RHS. You'll support fellow Falcons through mentorship, school events, and social-emotional wellness activities.



## Who can join?

Any student with a positive attitude a passion for helping others - no leadership experience needed!

## Why join?

- Build your resume
- Make new friends
- Learn communication, collaboration, and problem solving skills



**INTERESTED?**  
**ASK YOUR GC TO ADD IT TO**  
**YOUR SCHEDULE!**

Questions? Contact Toscano in room 602 or  
DM @RHSFalconNest

# SPORTS PHYSICALS

 4250 Opal St, Riverside, CA, 92509, Parking Lot A

 June 10 + 25 , July 30 + 31, and August 11

 9:00 AM - 3:00 PM

**Get your child ready for their next game!**

- We accept most insurance plans
- Cash Rate for Sports Physicals \$35

To schedule your child's sports physical, please call:

**(951) 571-2333**



# RUBIDOUX'S FALL SPORTS



AUGUST-OCTOBER

## FOOTBALL

**CONTACT: COACH THOMPSON**

**EMAIL: PATRICKB\_THOMPSON@JUSD.K12.CA.US**

## GIRLS TENNIS

**CONTACT: COACH MOERER**

**EMAIL: TODD\_MOERER@JUSD.K12.CA.US**

## VOLLEYBALL

**CONTACT: TBA**

**EMAIL: TBA**

## CROSS COUNTRY

**CONTACT: COACH BIER**

**EMAIL: STEVEN\_BIER@JUSD.K12.CA.US**

## CHEER

**CONTACT: COACH SANCHEZ**

**EMAIL: KIMBERLY\_SANCHEZ@JUSD.K12.CA.US**

## ADDITIONAL QUESTIONS?

Athletic Director: Todd Moerer

Email: [todd\\_moerer@jUSD.k12.ca.us](mailto:todd_moerer@jUSD.k12.ca.us)



# RUBIDOUX'S WINTER SPORTS



NOVEMBER-FEBRUARY



## BOYS BASKETBALL

CONTACT: COACH PABLO

EMAIL: PABLO\_GARCIA@JUSD.K12.CA.US

## GIRLS BASKETBALL

CONTACT: COACH LOPEZ

EMAIL: JTLopez@RIVERSIDEUNIFIED.ORG

## BOYS SOCCER

CONTACT: COACH ARJON

EMAIL: FERNANDO\_ARJON@JUSD.K12.CA.US

## GIRLS SOCCER

CONTACT: COACH REYNOSO

EMAIL: HREYNOSO023@YAHOO.COM

## WRESTLING

CONTACT: COACH BROOKS

EMAIL: JEREMY.BROOKS@SBCUSD.K12.CA.US

## ADDITIONAL QUESTIONS?

Athletic Director: Todd Moerer

Email: todd\_moerer@jUSD.k12.ca.us



# RUBIDOUX'S SPRING SPORTS



FEBRUARY-MAY

## BOYS TENNIS

CONTACT: TBA

EMAIL: TBA

## COED GOLF

CONTACT: COACH GARDNER

EMAIL: EMILYGARDNER827@GMAIL.COM

## SOFTBALL

CONTACT: COACH JONES

EMAIL: ALICIA\_JONES@JUSD.K12.CA.US

## SWIM

CONTACT: COACH BIER

EMAIL: STEVEN\_BIER@JUSD.K12.CA.US

## BASEBALL

CONTACT: COACH CHARD

EMAIL: TODD\_CHARD@JUSD.K12.CA.US

## TRACK AND FIELD

CONTACT: COACH HAMPTON

EMAIL: LATASHA\_GREEN@JUSD.K12.CA.US

## ADDITIONAL QUESTIONS?

Athletic Director: Todd Moerer

Email: todd\_moerer@jUSD.k12.ca.us

